

# 1<sup>st</sup>

# International Conference of Academy of Hypnosis



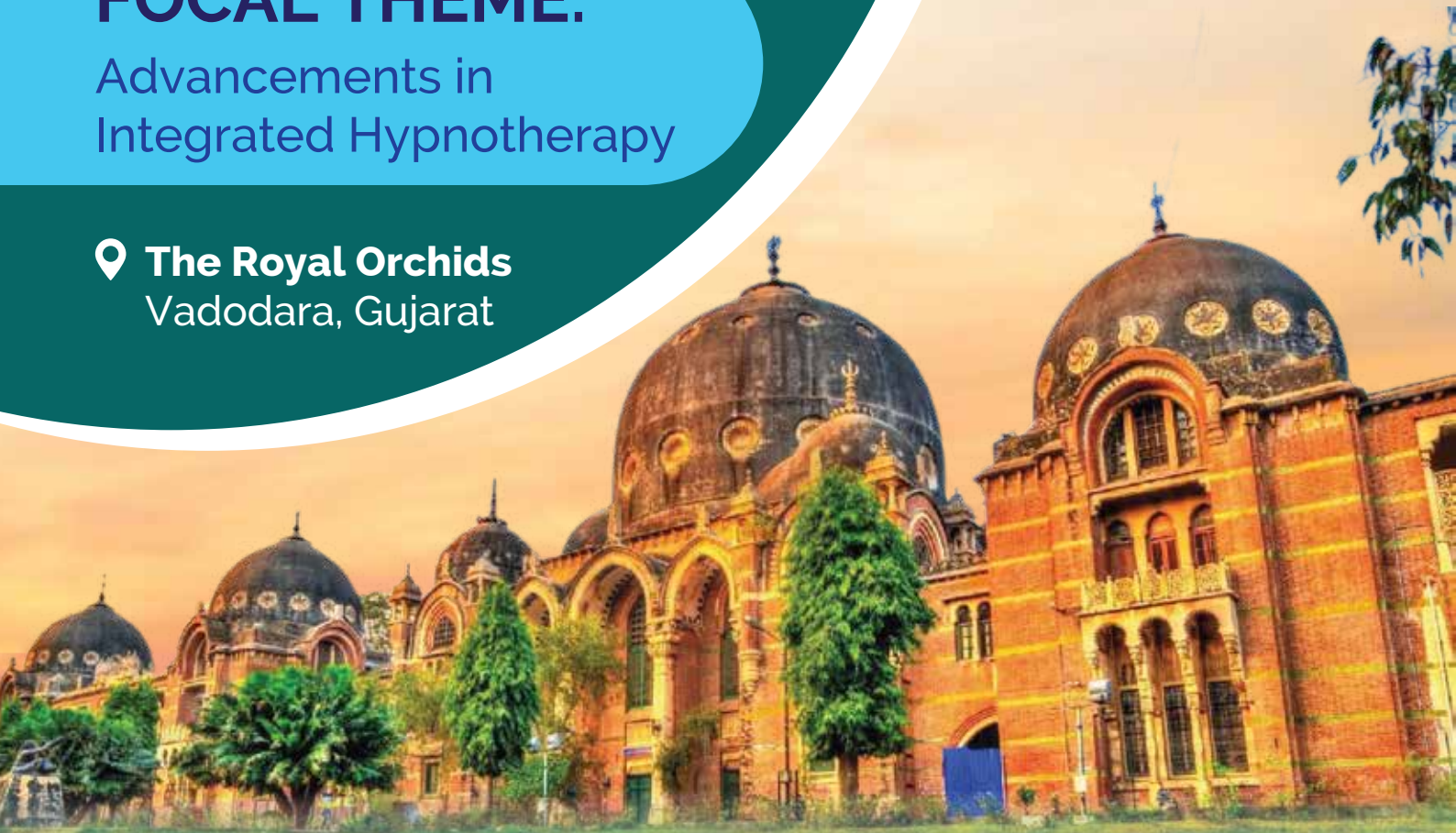
## ICAOH 2023

25- 26 Feb'2023

### FOCAL THEME:

Advancements in  
Integrated Hypnotherapy

📍 **The Royal Orchids**  
Vadodara, Gujarat



Organised By:

**ACADEMY OF HYPNOSIS, INDIA**

In Collaboration with

**CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY**

# ICAoH 2023 SUPPORTED BY:



The Maharaja Sayajirao University of Baroda



Gurukula Kangri (Deemed to be University), Haridwar



Institute of Psychiatry, Kolkata



Indian Academy of Health Psychology



Clinical Psychology Society of India



## Academy of Hypnosis, India (AoH)

- Academy of Hypnosis established in 2022, is a professional organization with membership of qualified professionals from various branches of psychology, medicine, dentistry and physiotherapy who specialize in hypnotherapy.
- The Mission of AoH is to promote, advance and safeguard the interests of hypnosis as a profession and a specific discipline of science engaged in teaching, research, and applications for human welfare.

# WELCOME TO ICAoH-2023

On behalf of the organizing committee of First International Conference of Academy of Hypnosis, India being organized in collaboration with Charotar University of Science and Technology in the wonderful city Vadodara (Gujarat), I cordially invite you all to explore the depth and dimensions of scientific hypnosis and hypnotherapy in contemporary time. The conference would provide an academic and scientific platform for academicians, researchers, psychotherapists, counsellors, medical professionals, psychologists, psychiatrists, dentists, physiotherapists, healthcare professionals, students of psychology and medical disciplines to learn, observe and exchange their views and experiences through the presentations and specifically designed workshops. This is a multi-disciplinary conference in which the professionals of various fields will share their knowledge, experiences and expertise in hypnotherapy.

We eagerly look forward to welcome you along with your colleagues and students in the conference as well as workshops.

**(Prof. Rakesh Jain)**

Chairperson

# CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

CHARUSAT (<http://www.charusat.ac.in/>) has been established by the promulgation of Gujarat Private University Act, 2009. It is empowered to confer degrees under Section 22 of UGC Act, 1956. Presently, CHARUSAT offers 64 programs ranging from UG, PG to Ph.D. under the tutelage of 8 Institutes, 6 Faculties, and a student enrolment of more than 7000. They are in the allied disciplines of Technology & Engineering, Pharmacy, Computer Applications, Management, Applied Sciences, Nursing, Physiotherapy, and Paramedical Sciences. With a thrust on socially relevant Research and Development, CHARUSAT strives to transform the society through creation, augmentation, dissemination, and perpetuation of knowledge. For this purpose, a Research and Development Centre has also been established on the Campus. Uniquely, CHARUSAT has also established a Space Research and Technology Centre to initiate and foster research in Space Technology.



## CHARUSAT Campus

Off. Nadiad-Petlad Highway, Changa 388 421 ,Anand, Gujarat, INDIA



**Dr. B.M. Palan**  
**PATRON**

## AoH OFFICE BEARERS AND MEMBERS

- **Dr. B.M. Palan**, President
- **Dr. Avnish Dave**, General Secretary
- **Dr. Alok Prapanna**
- **Dr. Veena Panjwani**
- **Ms. Nidhi Kothiyal**
- **Prof. Rakesh Jain**, Vice-President
- **Dr. Prasanta Roy**, Treasurer
- **Dr. Yogesh Chandarana**
- **Dr. Renu Sharma**
- **Dr. Suresh Sidhwani**

- **Prof. Rakesh Kumar**, Chairperson
- **Dr. Avnish Dave**, Organizing Secretary
- **Dr. Alok Prapanna**, Treasurer
- **Ms. Manisha Joshi**

- **Dr. Yogesh Chandarana**, Co-chairperson
- **Dr. Prasanta Roy**, Joint Organizing Secretary
- **Dr. Pranav Chandarana**, Co-Treasurer
- **Ms. Nidhi Kothiyal**

## ICAOH CORE COMMITTEE

## ADVISORY COMMITTEE

- **Dr. R V Upadhyay**  
Provost, CHARUSAT
- **Dr. Dayal Mirchandani**  
Consultant Psychiatrist
- **Prof. Anand Kumar**  
President, Indian Academy of  
Health Psychology
- **Prof. Urmi Nanda Biswas**  
Ahmedabad University
- **Dr. Devang Joshi**  
Registrar, CHARUSAT
- **Dr. Gautam Saha**  
Past President, Indian  
Psychiatric Society
- **Prof. Rashmin Sompura**  
Head, Department of Psychology,  
MS University, Vadodara
- **Prof. Bimla Parimu**  
(Rtd.) Department of Psychology,  
MS University, Vadodara
- **Dr. Nitin Shukla**  
Consultant Psychiatrist, Melbourne

- **Dr. Darshan H. Patel**  
Reception Committee
- **Dr. Prasanta Roy**  
Scientific Committee
- **Dr. Suresh Sadhwani**  
Media Committee
- **Dr. Alok Prapanna**  
Finance Committee

- **Dr. Veena Panjwani**  
Souvenir Committee
- **Dr. Baljeet Kaur**  
Hospitality Committee
- **Dr. Pranav Chandarana**  
Liaison Committee
- **Dr. Jini K. Gopinath**  
Overseas Liaison

## CHAIR- PERSONS

# FOCAL THEME

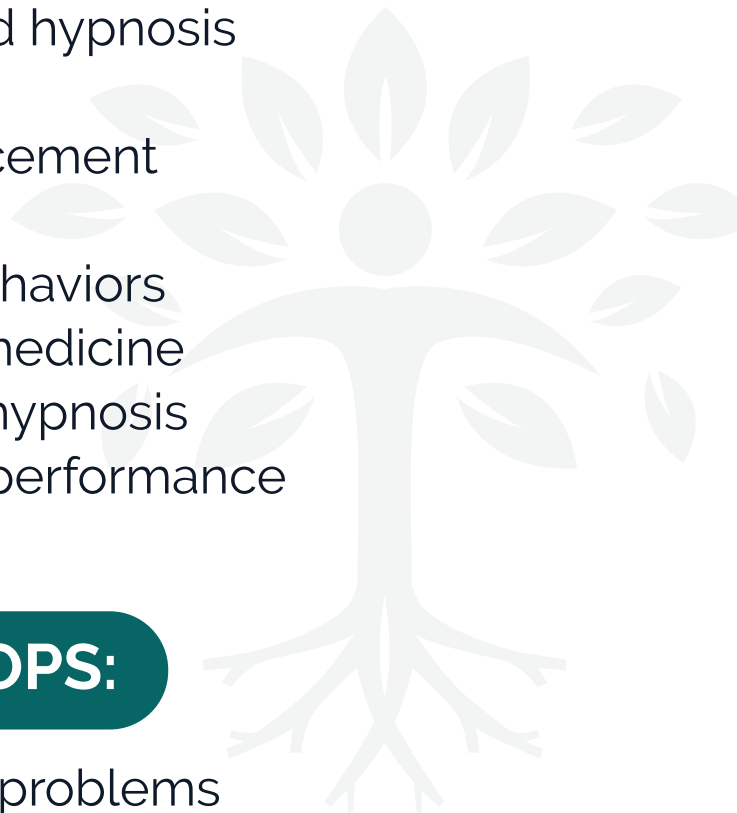
## ADVANCEMENTS IN INTEGRATED HYPNOTHERAPY

### SUB-THEMES:

- Hypnotherapy in various medical conditions
- Mental health and hypnotherapy in post pandemic era
- Cognitive-behavioral hypnotherapy
- Indian philosophical ideas and hypnosis
- Stress management
- Hypnosis for personal enhancement
- Trauma and hypnosis
- Hypnotherapy in addictive behaviors
- Hypnotherapy in behavioral medicine
- Positive mental health using hypnosis
- Hypnosis in sports and peak performance

### SPECIALIZED WORKSHOPS:

1. Hypnosis for psychosomatic problems
2. Hypnosis for successful dentistry
3. Cognitive hypnotherapy
4. Official introductory workshop on hypnosis for beginners
5. Past life regression therapy
6. Pediatric hypnosis
7. Hypnosis for sleep disorders



# CALL FOR PAPERS

Professionals, scholars, and students interested in presenting their conceptual or research papers on the theme or any of the sub-themes of the conference are required to submit their abstract in soft copy (M.S. Word only) by email before 10<sup>th</sup> January 2023. The abstract should include the following details – title, authors with affiliation, introduction, aim, method, results, and conclusion including 3-5 keywords. The prescribed length of the abstract is 250 words.

## CALL FOR SYMPOSIUM AND SHORT WORKSHOPS

The professionals qualified in hypnotherapy can submit their proposal for symposium or short workshop. The time allotted will be one hour. The symposium and workshop will be accessible to every participant of the conference without any additional fee. The symposium and short workshops can be proposed only by registered delegates. The scientific committee will examine the proposal for acceptance which will be intimated to the presenters. The proposal in soft copy (MS Word) should be submitted to the Chairperson, Scientific Committee on following email ID.

Email Id:

**[icaoh.papers@gmail.com](mailto:icaoh.papers@gmail.com)**

\*Please note: Participation in conference is must to present a paper

# AoH AWARDS



## Dr. Hrishikesh Jana Oration Award

Dr. Jana was selected as a National Academy of Medical Sciences member in 1975. He started (for the first time in India) and headed The Psychosomatic Medicine and Hypnosis Clinic at Sheth Vadilal Sarabhai Hospital, Ahmedabad from 1983 to 1986. As early as 1960, following witnessing a demonstration hypno-anesthesia by a medical student, Dr. Jana started the systematic exploration of the science of hypnosis which was published in the Journal of Applied Physiology. Dr. Jana in contact with contemporary renowned hypno-therapists, like Professor E. R. Hilgard, Dr. B. Raginsky, Dr. S. Paterson, Dr. A. Bhasker and Dr. L. E. Unestahl. in 1974 he took the charge as President of ISCEH and devoted his whole life for the development of the science of hypnotherapy in India. Dr. Jana was elected member of the Board of Directors of the International Society of Hypnosis for 1977-1979. Dr. Jana taught the science of hypnotherapy to hundreds of doctors, dentists and clinical psychologists all over the country through Hypnotherapy Training Courses of Indian Society for Clinical & Experimental Hypnosis.

## LIFETIME ACHIEVEMENT AWARD

This award will be conferred on a distinguished senior professional for significant contribution in the field of hypnotherapy.



# SPECIALIZED WORKSHOPS

\*Only registered delegates for the conference can register for any of the below workshops except for Medical Professionals

Date	Topic	Resource Person	Timings	Seats	Eligibility
24/02/2023	Hypnosis for Psychosomatic Problems	Dr. B.M. Palan	10 am to 1 pm	25	Hypnotherapists/ Psychologists/ Medical Professionals
24/02/2023	Hypnosis for successful dentistry	Dr. Yogesh Chandarana	10 am to 1 pm	25	Dentists/ Medical Professionals
24/02/2023	Cognitive Hypnotherapy	Dr. Prasanta Roy	10 am to 1 pm	25	Diploma in Hypnotherapy
27/02/2023	Introductory workshop on hypnosis for beginners	Academy of Hypnosis	10 am to 1 pm 2 pm to 5 pm	50	Minimum Graduation in any subject
27/02/2023	Past Life Regression Therapy	Prof. Rakesh Jain	10 am to 1 pm 2 pm to 5 pm	10	Diploma in Hypnotherapy
27/02/2023	Hypnosis for Sleep Disorders	Dr. Renu Sharma	10 am to 1 pm	25	Hypnotherapists/ Psychologists/ Medical Professionals
27/02/2023	Pediatric Hypnosis	Dr. Avnish Dave	2 pm to 5 pm	25	Hypnotherapists/ Pediatricians/ Medical Professionals/ Psychologists

# REGISTRATION DETAILS

Delegate Category	Early Bird Till 20 <sup>th</sup> January 2023	Till 15th February 2023	Spot Registration (No conference Kit)
AoH Members	INR 1000	INR 1200	INR 1500
Non Members	INR 1500	INR 1800	INR 2500
Students/ Scholars	INR 500	INR 700	INR 1000
Accompanying person (No Kit)	INR 1200	INR 1500	INR 2000
Overseas (SAARC Countries)	USD 30	USD 40	USD 50
Overseas (Others)	USD 100	USD 120	USD 150

## WORKSHOP REGISTRATION

Workshop	Early Bird Till 20 <sup>th</sup> January 2023	Till 15th February 2023	Spot Registration
Hypnosis for Psychosomatic Problems	1000	1500	2000
Hypnosis for successful dentistry	1000	1500	2000
Cognitive Hypnotherapy	1000	1500	2000
Introductory workshop on hypnosis	1500	1800	2200
Past Life Regression Therapy	4000	5000	6000
Hypnosis for Sleep Disorders	1000	1500	2000
Pediatric Hypnosis	1000	1500	2000

# REGISTRATION FEE WILL COVER

- Conference Kit
- Publications of conference
- Tea and Lunch for two days of the conference
- Admissions to inaugural function, scientific sessions, invited lectures, short workshops, symposiums, and exhibitions.

## Address for Communication

12 Gulmohar Park, Opposite Akota Garden,  
Vadodara - 390020  
Email: [icaoh23@gmail.com](mailto:icaoh23@gmail.com)  
Mobile: +91 89808 00507

## Bank Details

**Name of Account:** Academy of Hypnosis  
**Bank & Branch:** HDFC Bank, Old Padra branch, Vadodara  
**Account number:** 50200073192954  
**RTGS / NEFT IFSC:** HDFC0000416

**Prefix "Conference" in payment details**

# PLACES OF TOURISTS INTEREST



**The Statue of Unity** is the world's tallest statue, with a height of 182 metres (597 feet),<sup>[3]</sup> located near Kevadia in the state of Gujarat, India. It depicts Indian statesman and independence activist Vallabhbhai Patel (1875–1950), who was the first deputy prime minister and home minister of independent India and an adherent of Mahatma Gandhi. Patel was highly respected for his leadership in uniting 562 princely states of India to form the single Union of India. The statue is located in Gujarat on the Narmada River in the Kevadiya colony, facing the Sardar Sarovar Dam 100 kilometres (62 mi) southeast of the city of Vadodara.

**Sayaji Baug** is a garden located in Vadodara Gujarat India, known as 'Kamati Bagh' built by Maharaja Sayajirao Gaikwad, which is the biggest Garden invested in India with an area surrounding more than 100 acres.



**The Baroda Museum & Picture Gallery** in Vadodara was built in 1894 on the lines of the Victoria & Albert Museum and the Science Museum of London. Major Mant in association with R.F. Chisholm who refined some of Mant's finest works to make genuine Indo-Saracenic architecture designed the Building of this Museum.

# PLACES OF TOURISTS INTEREST



**Kirti Mandir** was built by Maharaja Sayajirao Gaekwad III of the Gaekwad dynasty of the Marathas to perpetuate the glorious memory of his beloved ancestors. The sun, the moon and the earth in bronze with the undivided map of India adorn the shikhara of Kirti Mandir. It was built in 1936 as part of the Diamond Jubilee celebrations of Maharaja Sayajirao Gaekwad III.

**Sursagar Lake** also known as the Chand Talao is a lake situated in middle of the city of Vadodara in the State of Gujarat in India. The lake was rebuilt with stone masonry in the 18th Century. A 120 feet tall statue of lord Shiva built by Vadodara Mahanagar Seva Sadan stands in the middle of the lake.



**Lakshmi Villas Palace** is the official residence of the Maharaja of Baroda. The royal family still resides in this magnificent palace built in 1889. A part of the palace is open for visitors during the day 10 am to 5 pm. Monday is the weekly off day.



# 1<sup>st</sup> International Conference of Academy of Hypnosis 25-26 February 2023 REGISTRATION FORM

Full Name:		
Gender:		Age:
Date of Birth:		
Affiliating Institution:		
Mailing Address:		
City:		
Pin Code:		
Mobile No:		Whats app No:
Email Id:		
<b>*Whatsapp No. and Email ID is mandatory to provide for communicating with the organizer</b>		
Presenting paper	YES / NO	
Life Member:	YES / NO	
Lifetime Membership Number :		
Interested in AoH Membership:	YES / NO	
Title of paper:		
Participating in workshops:	YES / NO	
<b>*If you are interested in attending workshops, please drop a mail at <a href="mailto:icaoh23@gmail.com">icaoh23@gmail.com</a></b>		
Accommodation Required:	YES / NO	
Expected date of Arrival:		
Expected date of Departure:		
Registration Category:		
Payment Details:		
Amount Paid:		Date:
Transaction ID:		Bank Name:

Instructions: Deposit the requisite fee in the given account, fill up the form, scan in PDF form including the payment receipt, and submit on the following email ID: [icaoh23@gmail.com](mailto:icaoh23@gmail.com)

To register  
online



scan  
QR code