2ⁿᵈ International Conference of Academy of Hypnosis 2025

24 - 25TH January 2025, ICAoH 2025

📍 **Pondicherry University (UT of Puducherry)**

Organised By:
Academy of Hypnosis, India.
In Collaboration with:
Pondicherry University AND
Indian School Psychology Association (InSPA)

FOCAL THEME

Hypnosis across Lifespan:
Promotion, Prevention & Intervention

Institute of Psychiatry, Kolkata

Indian Academy of Health Psychology

Clinical Psychology Society of India

Academy of Hypnosis, India (AoH)

- Academy of Hypnosis, India established in 2022, is a professional organization with a membership of qualified professionals from various branches of psychology, medicine, dentistry, and physiotherapy who specialize in hypnotherapy. The mission of AoH is to promote, advance, and safeguard the interests of hypnosis as a profession and a specific discipline of science engaged in teaching, research and applications for human welfare.

Indian School Psychology Association (InSPA)

- The Indian School Psychology Association (InSPA), established on 15th August 2015, is a voluntary non-profit educational service Society that supports and advocates for school psychologists to provide professional training, to have a positive impact on school systems, to improve academic skills, social-emotional functioning, mental health and well-being of all school children.

PU/MMTTC/2024-25/AoH/963   4.09.2024

Welcome to Pondicherry University

I am happy to welcome all the office bearers of the Academy of Hypnosis and the active delegates of the 2nd International Conference of Hypnosis at Pondicherry University on 24-25th January 2025. Considering the importance of the subject knowledge of the Academy of Hypnosis, the Indian School Psychology Association is collaborating with the Academy to organise the second International Conference of the Academy of Hypnosis.

I assure you the ambience of the venue is suitable to organise the International Conference with necessary infrastructure. In addition to that comfortable stay, delicious food and local sight seeing will also be arranged.

I am grateful to the team of AoH for choosing Pondicherry University as the venue and myself as the Organising Secretary.

I welcome all the members of both the Associations and delegates for active participation and fruitful interaction during the conference. Needless to say this is a unique opportunity for the academic professionals in psychology to interact hypnotherapists closely to understand the recent developments to face the challenges ahead.

Prof. Panch. Ramalingam
Organising Secretary, 2nd ICAoH 2025
Director, UGC-Malaviya Mission Teacher Training Centre,
Pondicherry Univeristy
President, Indian School Psychology Association (InSPA)
International President, Asia Pacific School Psychology Association (APSPA), Malaysia

About the Venue
Pondicherry University
Puducherry – 605014

Pondicherry University, accredited with "A" Grade by NAAC, is a Central University established by an Act of Parliament in October 1985. It is an affiliating University with a jurisdiction spread over the Union Territory of Puducherry, Lakshwadeep and Andaman & Nicobar Islands. The University's objectives are to disseminate and advance knowledge by offering teaching and research facilities, to make provisions for studies in French and integrated courses in Humanities and the Sciences, and to promote interdisciplinary studies and research.

The University's motto is 'Vers la lumière' meaning 'towards the light'. The main campus is located at Kalapet, 10 km from the town of Puducherry, in a serene and beautiful campus of 800 acres adjoining the scenic Bay of Bengal.

Conference Chairperson-
Prof. Rakesh Jain
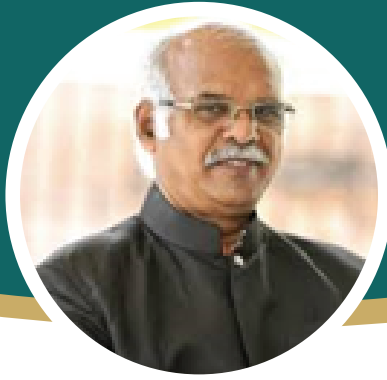
Organizing Secretary –
Prof. Panch Ramalingam

Joint Organizing Secretary-
Dr. T. Santhanam

COMMITTEES OF ICAOH-2025

Committees	Chairperson
Reception Committee	Prof. Shahin Sultana
Scientific Committee	Dr. Prasanta Roy
Souvenir Committee	Dr. Veena Panjwani
Finance Committee	Dr. Alok Prapanna
Hospitality Committee	Dr. Yogesh Chandarana
Media Committee	Dr. Mathimaran Natarajan
Liaison Committee	Dr. Avnish Dave
Overseas Committee	Dr. Dayal Mirchandani
Cultural Committee	Dr. D. Rajendran
Event Coordination Committee	Ms. Manisha Joshi, Shri. Tejvirsingh Sadana

FOCAL THEME

Hypnosis across Lifespan: Promotion, Prevention & Intervention

SUB THEMES	
Hypnosis in Educational Setting	Hypnosis in Internet Addiction
Hypnosis in Digital Wellness	Hypnosis in Resilience Building
Hypnosis in Geriatrics	Hypnosis in Sexual Health
Hypnosis in Academic Stress	Hypnosis in Women's Health at different stages of Life
Hypnosis in Anxiety	Hypnosis in Interpersonal Setting
Hypnosis in Sports	Hypnosis in Spiritual Advancement
Hypnosis in Pediatric	Hypnosis in Work Life Balance

CALL FOR PAPERS

Professionals, scholars, and students interested in presenting their conceptual or research papers on the theme or any of the sub-themes of the conference are required to submit their abstract in soft copy (MS Word only) by email before **31st October 2024.**

The abstract should include the following details

Title, Authors with affiliation, Introduction, Aim, Method, Results and Conclusion including 3-5 keywords.

Please use the latest APA format. The prescribed length of the abstract is 250 words.

For paper, symposium and workshop presentation, registration for Conference is compulsory.

Submit to: Research.ICAoH@gmail.com

CALL FOR SYMPOSIUM AND SHORT WORKSHOPS

The professionals qualified in hypnotherapy can submit their proposals for a symposium or short workshop. The time allotted will be one hour. The symposium and workshop will be accessible to every participant of the conference without any additional fee. The symposium and short workshops can be proposed only by registered delegates. The scientific committee will examine the proposal for acceptance which will be intimated to the presenters. The proposal in soft copy (MS Word) by **email before 31st October 2024** should be submitted to the Chairperson, Scientific Committee on the following email ID: *Research.ICAoH@gmail.com*

AoH AWARDS

Dr. Hrishikesh Jana Oration Award

Dr. Jana was selected as a National Academy of Medical Sciences member in 1975. He started (for the first time in India) and headed The Psychosomatic Medicine and Hypnosis Clinic at Sheth Vadilal Sarabhai Hospital, Ahmedabad from 1983 to 1986. As early as 1960, following witnessing a demonstration of hypno-anesthesia by a medical student, Dr. Jana started the systematic exploration of the science of hypnosis which was published in the Journal of Applied Physiology. Dr. Jana in contact with contemporary renowned hypnotherapists, like Professor E. R. Hilgard, Dr. B. Raginsky, Dr. S. Paterson, Dr. A. Bhasker and Dr. L. E. Unestahl. in 1974 he took the charge as President of ISCEH and devoted his whole life for the development of the science of hypnotherapy in India. Dr. Jana was elected member of the Board of Directors of the International Society of Hypnosis for 1977-1979. Dr. Jana taught the science of hypnotherapy to hundreds of doctors, dentists and clinical psychologists all over the country through Hypnotherapy Training Courses of Indian Society for Clinical and Experimental Hypnosis.

LIFETIME ACHIEVEMENT AWARD-2025

The award will be conferred on a distinguished senior professional for significant contribution to the field of hypnotherapy.

1. Dr. S. Ramaswamy
2. Dr. Peter Fernandes

REGISTRATION DETAILS

Delegate Category	Early Bird Till 30 th Sept. 2024	Till 30 th Nov. 2024	Spot Registration (Conference Kit as per availability)
AoH Members	INR 3500	INR 5000	INR 6000
Non-Members	INR 5000	INR 6500	INR 7500
Students/Scholars	INR 2500	INR 3500	INR 4000
Accompanying person (No Kit)	INR 2500	INR 3000	INR 3500
Overseas (SAARC Countries)	USD 60	USD 80	USD 100
Overseas (Others)	USD 100	USD 130	USD 150

CONFERENCE REGISTRATION FEE WILL COVER

- ✓ Conference Kit
- ✓ Tea and Lunch for two days of the conference
- ✓ Admissions to inaugural functions, scientific sessions, invited lectures, short workshops, symposiums, and exhibitions

PRE-CONFERENCE WORKSHOPS DETAILS

- Non-Conference Attendees are also allowed to join the Pre-Conference Workshops .
- Pre-conference workshop registration cut-off date – 31st December 2024.
- All registrations from 1st January 2025 will be considered as spot registrations

Specialised Workshop Fees for Non-AoH Members								
Date	Topic	Resource Person	Timings	Seats	Eligibility	Fees	Fees for Students *Proof mandatory	Spot Registration
23/01/2025	Healthy communication with students and Cognitive skill building techniques	Dr. B.M. Palan	10 am to 1 pm	100	Teachers & School Counselors	Rs. 100/-	NA	Rs. 100/-
23/01/2025	Hypnosis for successful dentistry	Dr. Yogesh Chandarana	2 am to 5 pm	50	Dentists/ Medical Professionals / Students	Rs. 1200/-	Rs. 750/-	Rs. 1500/-
23/01/2025	Hypnosis in Spiritual Advancement	Prof. Rakesh Jain	10 am to 1 pm	20	Hypnotherapists/ Psychologists/ Medical Professionals	Rs. 2000/-	NA	Rs. 2500/-
23/01/2025	Introductory workshop on hypnosis for beginners	Academy of Hypnosis	10 am to 5 pm	200	Minimum Graduation in any subject / Students	Rs. 1200/-	Rs. 750/-	Rs. 1500/-
23/01/2025	Hypnosis for Anxiety Management	Dr. Veena Panjwani	2 pm-4 pm	50	Hypnotherapists/ Psychologists/ Medical Professionals / Students	Rs. 1200/-	Rs. 750/-	Rs. 1500/-
23/01/2025	Hypnosis in pediatrics	Dr. Avnish Dave	4:30 pm to 6:30 pm	50	Hypnotherapists/ Pediatricians/ Medical Professionals/ Psychologists / Students	Rs. 1200/-	Rs. 750/-	Rs. 1500/-

Let's Start!

Google Registration Form Scan
REGISTER NOW

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PLACES OF TOURISTS INTEREST

Auroville

• Auroville, also known as the "City of Dawn," is an extraordinary international community located near Pondicherry, India. It was inaugurated on February 28th, 1968, with youth from 124 nations participating.

• The purpose of Auroville is to realize human unity beyond creeds, politics, and nationalities. It aims to be a universal town where people from all countries can live in peace and progressive harmony

Manakula Vinayagar Temple

• The **Manakula Vinayagar Temple** is a Ganesha temple in Puducherry's Union Territory.

• It is a popular pilgrimage site and tourist destination dedicated to Lord Ganesa.

• The temple has considerable antiquity and predates the French occupation of the territory.

Chunnambar Boat House

• The Chunnambar Boat House, nestled amidst serene backwaters, offers an easy escape from the hustle and bustle of city life.

• You can take a relaxing boat ride along the backwaters, connecting to the famous **Paradise Beach**—a top tourist attraction in Puducherry.

• For those seeking adventure, there are adrenaline-pumping water sports and beach activities.

PLACES OF TOURISTS INTEREST

Aurobindo Ashram

• Founded in 1926, the ashram is a spiritual community in Pondicherry, India.
• Sri Aurobindo, a philosopher and yogi, played a central role in its establishment.
• Integral yoga and self-realization are core practices for residents and seekers.

Mahabalipuram

• **Mahabalipuram** also known as Mamallapuram, is a coastal town in Tamil Nadu, India.

• **UNESCO World Heritage Site:** It boasts ancient rock-cut temples, monolithic structures, and intricately carved sculptures.

• **Shore Temple:** The iconic Shore Temple, dedicated to Lord Shiva, stands against the Bay of Bengal backdrop.

White Town

• White Town, also called the French Quarter, exudes a captivating blend of French and Indian cultures.

• **Elegant Architecture:** Cobblestone streets wind past colonial buildings with ornate wooden windows and doors.

Chidambaram N. Temple:

Chidambaram Natarajan Temple: The Chidambaram Nataraja Temple, also known as Thillai Nataraja Temple, is dedicated to Lord Nataraja (Shiva) as the cosmic dancer. It stands in Chidambaram, Tamil Nadu, India.

• **Ancient Roots:** With ancient origins, this temple has been a center of worship, art, and architecture for over two millennia.

• **Symbolic Significance:** Its intricate carvings depict the 108 karanas from the Natya Shastra, forming the foundation of Bharatanatyam dance.

Pondy Marina Beach

• **Pondy Marina Beach** is a new tourist attraction near the new lighthouse in Pondicherry.

• Developed under theme-based beach programs by the Pondicherry government, it **follows a food-based theme.**

• Located at Dubrayanpet, just **1.5 km from White Town**, it offers a sandy beach experience.
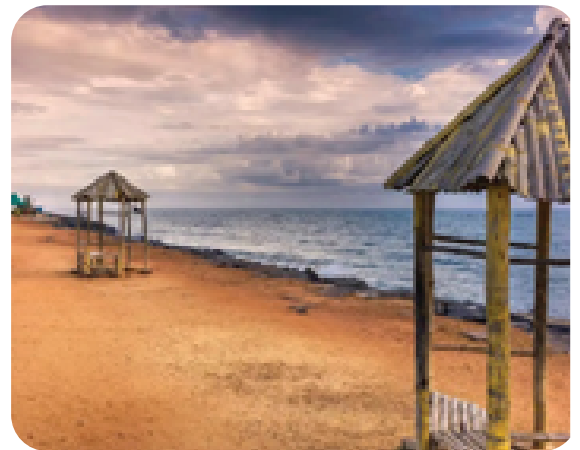
PAY & REGISTRATION

Bank Details

Name of Account: Academy of Hypnosis

Bank & Branch: HDFC Bank, Old Padra road branch, Vadodara -390015.

Account number: 50200073192954

RTGS / NEFT IFSC: HDFC0000416

Prefix "Conference" in payment details

Scan QR to pay

ACADEMY OF HYPNOSIS
BARODA
TID: 97104856

Mode for Communication

Joint Organizing Secretary

Dr. T. Santhanam - +91 9840145405

Email – icaoh2025@gmail.com

Registration Support:

Ms. Nidhi Kothiyal - +91 99710 89898
Ms. Manisha Joshi - +91 98671 52220

Scan to join the AoH WhatsApp Group for regular updates

Google Registration Form Scan
REGISTER NOW

Let's Start!

2nd International Conference of Academy of Hypnosis

24-25th January 2025

REGISTRATION FORM

Full Name:			
Gender:	Age:		City:
Mobile Number:			
Whatsapp Number:			
Email ID:			
Unique ID:			
Educational & Professional Qualifications			
Experience in the field of Hypnosis			
AoH Membership Number, If available			
Name, Age and Gender of Accompanying Person, if any			
Category of Registration			
Name (s) of the workshops in which participating			
Title if presenting Paper/ Symposium/ Short Workshop			
Total Fee (Including registration in conference/workshop)			
Amount Paid:			
Date of Payment			
UTR/Transaction ID of the payment			
Any Other Information			

Instructions: Deposit the requisite fee in the given account, fill up the form, scan in PDF form including the payment receipt, and submit to the following email ID: icaoh2025@gmail.com