



Nidhi Kothiyal

Education:

- Research Scholar- Gurukul Kangri University
- M. A -Psychology
- PGDCH
- M.BE
- B. Sc

Experience:

- Practicing Counselling Psychologist & Hypnotherapist.
- Actively doing counselling work with NGOs like FIAPO, HOPE, WORK for women.
- 15 years experience as a learning & Development expert with various Corporates, NGOs, Government organisations and colleges.
- Worked as Training Manager in Bank and BPO industry.
- Worked in HR domain with IT industry.
- Attended workshops on Cognitive behaviour Therapy, MBT for De addiction, Past life Regression, DBT for Bipolar Disorder, REBT , Dream Analysis and Psychoanalytic Therapy.

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